

The meeting, the moment, the brain & the family

The significance of interpersonal relations for attachment, growth and psychotherapy.



Daniel N. Stern MD, Gerald Hüther proff. Dr. med, Kari Killén Phd, Anne-Lise Løvlie-Schibbye Phd, Jesper Juul Family Therapist.

This symposium will focus on the most recent research into early attachment between infants and parents, the development of children's brains with a special focus on the importance of family structure and the quality of interpersonal relations and the consequences for further development of family therapy and counselling of parents.

We welcome psychologists, social workers, psychiatrists, educators, family therapists and other professionals concerned with child development and supporting families.

PROGRAM:

1'st day:

08.30 – 09.30: Registration

09.30 – 09.45: Conference opening by leg.psych. Anna Sylvén

09.45 – 11.00: Kari Killén

The relevance of later years research on interaction and attachment for understanding, preventing and treating emotional abuse and neglect.

11.00 – 11.30: Coffee

11.30 – 13.00: Gerald Hüther

The incorporation of familiar relationships and culture into the structural organisation of the child`s brain

13.00 – 14.30: Lunch

14.30 – 16.00: Daniel N. Stern

The present moment – phenomenologically and clinically

16.00 – 16.30: Coffee

16.30 – 17.30: Jesper Juul

Implications for family therapy, counselling and parenting

2. day:

09.30 – 11.00 : Psychological salon – a round table dialogue between Daniel Stern, Gerald Hüther, A-L Løvlie-Schibbye, Kari Killén, based on input from the audience and monitored by Anna Sylvén and Jesper Juul.

11.00 – 11.30: Coffee

11.30 – 12.30: Psychological salon continued, based on input from the audience.

12.30 – 13.00: Summary by Anna Sylvén

Language: English

Venue: Lärerhögskolan Stockholm, Konradbergsgatan 5a

SPEAKERS:

Kari Killén, Dr. philos researcher emerita

Kari Killén is a unique figure in the field of early attachment studies, abuse and neglect and the early relations between parents and children – combining decades of hands-on experience in social work, scientific research and a rare talent for communicating her thoughts and results to those who work with children and families within the social system. Her groundbreaking work with families where children were victimized by abuse and neglect was summarized in her book. *Sveket: omsorgssvigt er alles ansvar* from 1994, and in 2002 came, *Barndommen varer I generasjoner – forebyggelse af omsorgssvikt*. Apart from these two cornerstones of her work, she is author and co-author of numerous scientific papers as well as handbooks for different professions, (www.nova.no)

Anne-Lise Løvlie-Schibbye, Phd. prof. emeritus

Anne-Lise Løvlie-Schibbye is one of Scandinavia's foremost thinkers and writers in the field of clinical psychology with a lifelong focus on interpersonal relationships. Her book "Relasjoner – en dialektisk relasjonsforståelse i terapeutisk arbeide med individ, par og familie" has been considered a masterpiece and since it's first publication in 2002. In her latest book, "Livsbevidsthet. Om å være tilstede i eget liv" she summarizes her deep philosophical insight and clinical experience and takes on our daily lives from an existential point of view.

Dr. Daniel N. Stern, MD

Daniel N. Stern is well known as one of the founding fathers of a new paradigm in developmental psychology. Over the years D.S. has developed a growing interest in family therapy and the decisive moments of human encounters and his many books have had a enormous influence on the way we now see children in all their important relationships with the adult world. Daniel Stern is honorary professor at University of Geneva and associate professor of Psychiatry at Cornell University Medical Centre in New York.

Gerald Hüther, Prof. Dr. rer. nat. Dr. med. habil.

Gerald Hüther is appointed Professor and head of the Neurobiological Research Unit at the Psychiatric Clinic of the University of Göttingen. Born in 1951, he studied Biology and graduated in Neurobiology at the University of Leipzig. He has done research on brain development disorders for many years at the Max Planck Institute for Experimental Medicine. His major research interest is the role of early experiences on the developing brain. Author of specific and popular books and of many research articles. Member of several scientific organizations and of the editorial boards of scientific journals.

Jesper Juul, Family Therapist

Jesper Juul was the director of The Kempler Institute of Scandinavia, Center for family and post graduate education in Denmark from 1979 to 2004 and is one of Europe's most published authors in the field of family life and books for parents and educators. J.J. has been a practicing family therapist for thirty years and has experience from several countries and cultural settings. J.J. is now leading FamilyLab. International – an inspirational 'laboratory' for parents and professionals, established in several European countries. (www.jesperjuul.com)



Anna Sylvén

Anna Sylvén, a clinical psychologist and family therapist in private practice and a candidate in the Swedish Psychoanalytic Association, is head of the Swedish part of FamLab International. Anna Sylvén wrote her main paper in Psychology with Prof Daniel N. Stern, and trained in clinical work as well as in research at the Centre d'Etude de la Famille with Elisabeth Fivaz-Depeursinge and Antoinette Corboz-Warnery.

ABSTRACTS:

Dr. Daniel N. Stern, MD

Prof. Daniel N. Stern will talk about the 'present moment' from two main perspectives: phenomenologically and clinically. The clinical part takes up the adage that therapists should work in the "here and now", I will explore where and when is 'now' in the clinical situation. The notion of "now moments" and "moments of meeting" as forms of present moments will be explicated.

Gerald Hüther, University of Göttingen, Germany

The incorporation of familiar relationships and culture into the structural organisation of the child`s brain

By far the most significant finding in the field of neurobiological research in recent years is what we refer to today as experience-dependent or use-dependent plasticity: It is the discovery that the neuronal and synaptic connections in the developing brain are structured by the own experiences made by a child in its family system. The complexity of connections and their stabilization in the higher brain centers depend to a far greater extent than previously believed on how – or rather, for which purpose – a child uses its brain, the goals pursued, the experiences made in the course of its life, the models used for orientation, the things providing stability and eliciting a sense of commitment. Ultimately, all these factors are crucially shaped by the child`s family relationships, the abilities passed on to him and the guiding ideals and the goals conveyed by the thoughts and aims, by the myths, rituals, legends and fairy tales of the particular culture in which a child grows up. That`s why its brain becomes a social construct.

Kari Killén, Dr. philos researcher emerita

The relevance of later years research on interaction and attachment for understanding, preventing and treating emotional abuse and neglect.

Emotional abusive and neglectful processes will be described. Parents' distorted perception, children living with drug abusing parents, parents in violent marriages, parents suffering from mental illnesses and serious divorce conflicts are examples of this. These processes will be related to early parent-child interaction and children's attachment strategies and patterns. Attachment theory and research have particularly over the last 15 to 20 years made a tremendous contribution to our understanding and to the development of prevention and treatment. The presentation is based on several studies of child maltreatment, and an extensive ongoing study, with a longitudinal design. A study of mother-child interaction and attachment, where early interaction and children's attachment has been documented in "good enough" families, families "at risk" and in "maltreatment families".

REGISTRATION:

Admission fee: Skk. 3.125,- incl. moms.

Please note that there is a discount for groups from the same work place: if you register 10 participants, 1 will be free of charge.

Iban-nummer: SE945000000052061018246

Bic-kod: ESSESESS

Betalning: via vårt bankgironr 5971-6597

www.famlab.se is under reconstruction. In the meantime please register by e-mail: anna.sylvén@famlab.se and we will send you an invoice. Registration is valid from the day you transfer the total amount to our account.

Organizers: Family-lab international SA & Famlab.se.